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CHAIR'S LETTER - NOVEMBER 2025

Hello everyone

Well the nights are certainly pulling in, telling us winter is on its way! So, let's make a concerted decision that this year we will try and keep ourselves more active, whether mentally, physically, or both. Lots going on in the Bay including our very own groups so speak to Janet if you have any questions.

An interesting variety of speakers has been arranged by Simon for the coming months, and we will continue every third month with a quiz and information on one or more of our groups. Don't forget to tell us if you have been on any special holiday or an interesting experience.

Together with the Chairs from Torbay, Torquay and Livermead with Preston, we met with representatives from branches within Teignbridge at Austin's in Newton Abbot. A very interesting and worthwhile time and we agreed to meet up again in the new year. I'll let you know as this develops.

See you all at our next meeting.

June, Chair.

COFFEE MORNING

From 11am every 3rd Thursday of the month at the Paignton Club/Paignton Vista, The Esplanade, TQ4 6ED.

All members old and new, also prospective members, are welcome. Come and make new friends, enjoy good company, look at the lovely view across the bay.

There is a choice of hot and cold drinks, and you may like to partake of a light lunch afterwards. Meet members of the committee who work hard on our behalf.

There are plenty of free car parking spaces at the front of the club and spaces for Blue Badge holders, with easy access, at the rear.

I look forward to seeing you there on the 20 November.

Sue Lewton

CRIB/BACKGAMMON GROUP

Next meeting 4th November at Janet Hobbs Home

CANASTA GROUP

Our Canasta group will be held on Monday 3 and 24 November at Albany Court, Paignton.

Group Leader - Sue Hoggett

MAH JONG

Our next Mah Jong meeting will be on Wednesday 12 November at 10.30am at Janet Hobbs Home. Group Leader - Sue Hoggett

KNIT & NATTER GROUP.

The next meeting will be on Wednesday 12 November @ 1.30 at Janet Hobbs Home. Group Leader - Janet Hobbs

DINING OUT GROUP

The dining out group's last meal of 2025 will be at The Linny, Coffinswell, TQ12 4SR, on the 27 November, 6 for 6.30. If you would like to join the group for this meal please let Janet Hobbs know by 20 November. Driving at night is not for everyone. If you would like a lift to the Linny, please let Janet know.

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CHRISTMAS LUNCH

Christmas Lunch, which will replace the December monthly meeting on 11 December.

Time and place: 12 for 12.30 at The Paignton Club TQ4 6ED.

Menus can be found online or at November's monthly meeting. Completed forms and payment should be given to Janet Hobbs by 13th November.

A raffle will take place at the Lunch.

At the moment Sands Road and surrounding roads are closed. Access to The Paignton Club may not be straight forward on 11 December. Further information will be sent to those attending the lunch nearer the time.

Thank you.

Janet.

REMINDER TO ALL MEMBERS

When attending any Group you will need to show the group leader your u3a membership card as this shows you are a current member and therefore covered by the u3a insurance in case of accidents.

NOVEMBER GENERAL MEETING

The next General meeting will be held on Thursday 13 November at the Palace Avenue Methodist Church Hall, Paignton. Tea, coffee and biscuits served from 10.30 at the bargain price of £1!

SPEAKERS FOR NOVEMBER

Lee Hayward and Karen Chapman will be giving a presentation on 'Paignton - Our Home Town' based on a book from Paignton Heritage Society.

RACE DAYS EXETER

Dee McVey has negotiated a reduced entry fee to the races, at Exeter racecourse, of **£10pp on 17th November 2025 and 7th April 2026**. If you'd like to go to one, or both, please let Dee know so she can give them an idea of numbers and they can set their systems up to take our payments.

If you'd like to go, please provide the following information:

Name(s)

Contact phone number

u3a you are a member of

Race days you would like to go to'

chair@okehampton-u3a.org.uk

FREE DIGITAL SKILLS TRAINING FOR OLDER PEOPLE

AbilityNet charity's friendly team runs free training sessions to boost your skills with mobile phones, laptops, computers and tablets.

There will be more information given at the general meeting on Thursday 13 November or please Contact a member of the committee.

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FUN PAGE

ANSWERS TO THE OCTOBER QUIZ

- 1 Spithead is a safe anchorage between the coast of England and which island?
- 2 What can be a pick-me-up or the keynote of music scale?
- 3 Which sport would you use an Eskimo roll?
- 4 Which diminutive actor was nicknamed the sex symbol?
- 5 Which is the lowest rank of the British peerage?
- 6 Which island of Dorset is one of the last British refuges of the Red Squirrel?
- 7 Who was Tweety pies arch enemy?
- 8 The Jerusalem artichoke is a native of which continent?
- 9 Which is the highest mountain in Australia?

10 Who wrote the Prime of Miss Jean Brodie?

Answers.

- 1 Isle of White
- 2 Tonic
- 3 Canoeing
- 4 Dudley Moore
- 5 Baron
- 6 Brownsea Island
- 7 Sylvester
- 8 North America
- 9 Mount Kosciusko
- 10 Murial Spark

NOVEMBER QUIZ

- 1 Name one of the Birthstones of November
- 2 The full moon in November is traditionally called what.
- 3 How many hearts does an octopuses have
- 4 When is ALL SOULS DAY
- 5 Who discovered Radium and Polonium and was born in November
- 6 Which of Queen Elizabeth second's children was born in November
- 7 What do Americans celebrate in November
- 8 How many people were involved in the Gun Powder Plot
- 9 Who wrote the music for the Royal Fireworks

10 In which East Sussex town are political effigies burnt every Bonfire Night

ANSWERS NEXT MONTH.

FUN FACTS ABOUT NOVEMBER

November was originally the ninth month in the ancient Roman calendar, which is why it's name comes from the Latin word nine (novem) even though it's now the eleventh month. When January and February were added to the Roman calendar November was pushed to it's current 11th position but was never renamed.

November is the home of the 'Beaver moon'

November has 2 birthstones the Topaz and Citrine. Topaz symbolizes affection and love while Citrine represents warmth, success and prosperity.

The birth flower for November is the Chrysanthemum which generally symbolizes cheerfulness.

November features Guy Fawkes night on the 5th and Remembrance Day on the 11th.

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This global event encourages men to grow moustaches in November to raise awareness of men's health issues, such as prostate and testicular cancer.