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## **CHAIR'S LETTER - JULY 2025**

Hello everyone

What a busy time it has been in the Bay over the past weeks with more to come! Hopefully you are able to participate in some. The sight of trawlers back in Brixham and the incredible displays throughout the Airshow are just a couple so worthy of mention.

No doubt many of you are planning holidays. Have a great time and later in the year hopefully some of you will feel able to show some photos and tell us about your trip. Only needs to be 10 minutes and several of you speaking on one day. Could be extremely interesting and helpful for others considering visiting those locations.

Some of our groups don't meet during the summer but there is still much to get involved with. Have you got a special interest but can't

find a suitable choice? How about considering starting up a new activity. Lots of help and advice available from our Group Leader, Janet, so give it a go. Just a reminder that whilst the proposals to move our cardiac treatment unit to Exeter have been put in abeyance, remember the plans can still come forward during the review of all services now proposed. Your support to fight such plans is needed. There is a public meeting on Friday 27 June at 5.30 at Hampton by Hilton hotel on The Strand in Torquay. Do go along if you can and lend your support.

June  
Chair.

## **CANASTA GROUP**

Our Canasta group due to be held on the 7 July will be held at Janet Hobbs Home. On Monday 28 July we will be back at Albany Court, Paignton.

Group Leader: Sue Hoggett

## **MAH JONG**

Our next Mah Jong meeting will be on Wednesday 9 July at 10.30am at Janet Hobbs Home.

Group Leader: Sue Hoggett

## **KNIT & NATTER/CRAFT GROUP.**

The next meeting will be on Wednesday 9 July @ 1.30 at Janet Hobbs Home

## **DINING OUT GROUP**

The venue for this month's Dining Out will be held on Thursday 24 July at The Kent's, 1 Illsham Road, TQ1 2JG, 6.30 for 7pm. Anyone interested in joining the group at the Kent's please contact Jan Hodges. Menus will be available at the next General meeting on Thursday 10 July.

## **CRIB/BACKGAMMON GROUP**

The Crib/ Backgammon group this month will be held on Tuesday 1 July at 2pm at Janet Hobbs Home

## **QUIZ GROUP**

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There will be **NO** quiz Groups until September.

### **RUMMICUB**

Please note the above group due on 15 July has been **cancelled**.

### **REMINDER TO ALL MEMBERS**

When attending any Group you will need to show the group leader your u3a membership card as this shows you are a current member and therefore covered by the u3a insurance in case of accidents.

### **FUTURE DINING OUT DATES/VENUES:**

25 September  
Venue: The Paignton Club  
Organiser: Joan Cooper

23 October  
Venue: Cattlemans@ Parkers Arms  
Organiser: Cindy & John Ball

27 November  
Venue: The Linney  
Organiser: Janet Hobbs

11 December (Xmas Lunch)  
Venue: The Paignton Club  
Organiser: Janet Hobbs

### **JULY SPEAKER**

Our guest speaker, John Gunston, will be talking about Parkfields and it's History.

### **GENERAL MEETING**

The next General meeting will be held on Thursday 10 July at the Palace Avenue Methodist Church Hall, Paignton. Tea, coffee and biscuits served from 10.30 at the bargain price of £1!

There will be **NO** General meeting or Groups held in August as it's our Summer break.

### **NEW GROUPS**

A couple of suggestions from our members for an Art or Photography group will only be possible if we can find, within our u3a, someone who is willing to run these groups. If any of our members out there are Artists or Photographers and would like to know more about setting up a

group please contact Janet Hobbs, Group Co-ordinator

### **BATON OF HOPE**

The Baton of Hope's Tour around Torbay is looking for volunteers!

If you would like to help out on Tuesday, 30th September, fill in the online form: <https://bit.ly/HopeTQVol25>

### **TORBAY CARDIAC UNIT**

Please support the 'save our cardiac' unit campaign if asked. Thankyou.

### **NEWSLETTER**

The Newsletter will be back in September minus the monthly Quiz. Sadly Roy, who supplied us with the quiz, has left Paignton u3a and will no longer be providing us with a Quiz. If any of our members reading this would like to share something with other members i.e. a favourite recipe, a 'Dad' joke, quiz or just a funny story please let me know by 23 August to be included in the September issue. Thank you.

Sue Hoggett

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## **FUN PAGE**

### **JUNE QUIZ**

1. There is an area in the historic heart of Berlin called the 'Francosicshe Vierta (French Quarter). Why was it so-called?
2. Who was Edith Cavell?
3. How many petals does the flower of peach blossom have?
4. What Language Family does New Zealand Maori belong to?
5. In human DNA how many chromosomes are there?
6. What was the old Roman name for London?

### **ANSWERS TO JUNES' QUIZ**

- 1 After the St Bartholomew's day Massacre in Paris, when several thousand French

Protestants, known as

'Huguenots' were lured into a trap and murdered many thousands fled the country to settle in those countries known to be Protestant. Hence Berlin, the capital of Prussia.

2. British matron in a Red Cross Hospital in Brussels in World War One. She helped British prisoners of War escape, for which the Germans executed her.

3. Five, as also does nectarine, plum, cherry, apple, pear, damson and dog rose.

4 Polynesian

5. 21. 20 containing 'Autosomal' genes. One carrying our sex genes: XX in females, XY in males. There is no third sex!

6. Londinium.

### **FACTS ON JULY**

Birth flowers of July are the Larkspur and the Water Lilly.

Julys' birthstone is the Ruby.

July was originally the month of Quintilis in the Roman Calendar. It was the fifth month of the year until January and February were added in 450BC. It got it's original name from the Latin word for fifth. Later the name was changed to Julius in honor of Julius Caesar who was born on July 12.

Notable revolutionary moments celebrated in July: Independence Day 4 July and Bastille Day 14 July